May 23, 2025

~Lunch Today~ Cook's Choice

Have a GREAT Summer ~ See you in the Fall!

Congratulations to the BGMR FREEZE track team for its success at subsections yesterday in Glyndon. We had 27 girls qualify for sections in 18 different events and 12 boys in 11 events. Collectively, our girls team finished 6th overall and the boys came in 9th. Athletes advancing from BGMR include:

- Anna Mooney in 100m hurdles, 4x100
- Kylie Snare in long jump, triple jump, 4x100
- Katelyn Waage in 4x800, 800m

8A Track and Field Sections will be held in Baudette on Friday, May 30 to determine State Advancers. Please congratulate these BGMR FREEZE track competitors and wish them luck! We are very proud of their dedication, efforts, and their accomplishments.

Congratulations golfers! Both BGMR girls and boys teams advanced to the section meet! The girls placed first, and the boys second (short of first place by one stroke). Medalists for the subsection meet were Bethanie VonEnde and Ava Christianson tying for the girls, and Danyn Janousek for the boys. Emily Burkel was runner-up for the girls, with Zairyn Wimpfheiemr placing 6th. Other placings for the boys were Tryg Olson 4th and Masen Swenson 6th. Good luck at the section meet in Bemidii next week!

Students in grades 9-11 who are interested in registering for Online College in the High School courses for next year, should contact Mr. Warne as soon as possible.

College Visits:

Meetings:

Upcoming Dates:

Friday, May 23: Last Day of School ~ Students Dismissed @ 12:30

Registration is open for Summer Rec Baseball! The link to register is: https://forms.gle/7LiZccHtYc5jA9Z89

Girls Basketball Camp: July 7th -10th Registration due May 30th!

Boys Basketball: 3 on 3 Summer League & Gator Boys Basketball Camp Registrations are available. 3 on 3 Due June 2nd. Basketball Camp Due May 30th.

<u>Football players</u>- any player who will be in 9th-12th grade next year is encouraged to join the 7-v-7 games this June. Practices will be June 10th, 17th and 24th, times TBD. Games will be June 12th, 19th and 26th, times TBD. More details to come. Check the BGMR Gator Football Facebook page for the most up to date info.

POWERSPORTS - Level up @ LifeCare Medical Center / 8 week Program / Monday-Thursday | 32 sessions total / June 2nd-August 7th in Greenbush 7am / 9am / 11am /12:30pm (Times could change) *off the week of June 20th and fair week* / 7th grade - 12th grade / \$560 individual or \$840 for family / Complete Details & Registration lifecaremedicalcenter.org/powersports-program/ any questions contact Jasmine Verbout: jverbout@lifecaremc.org

<u>LifeCare Medical Center is hiring at Greenbush Manor:</u>

- Environmental Services Aide- Summer Temp Position
 - Working from 5:30am-2:00pm; up to 40hrs per week if wanted.
- Food Service Aides- part time
 - Working 4:00pm-8:00pm weekdays and every other weekend.

Apply online at https://lifecaremedicalcenter.org/

Roseau LifeCare will be offering a summer nursing assistant class starting June 10. We will meet a total of four Tuesdays from 8:30am to 5:00pm. The rest of the content will be online learning. We will need to do two more days at the nursing home when class is complete. When all class requirements have been met, the students will be eligible to take the state knowledge and skills tests to become a certified nursing assistant by mid-July!

The cost of class is \$525. The cost of class can be sponsored by Warroad Senior Living Center, Roseau Manor, or Greenbush Manor if you are interested in employment at one of these facilities.

If you would like more detailed information about the class, please email Karena Dunham at: kdunham@lifecaremc.com. You can be 15 years old and take the class and the state tests, but you will not be hired until you are 16. It is advisable to take the class as close to your 16th birthday as possible!

Detention:

ACTIVIITES FOR FRI. MAY 23:

- SB 11:30am Dismiss @ 11:05 Bus Leaves @ 11:10
- BB 3:00-6 GB
- Golf 1pm Golf Course
- Track OFF

ACTIVITIES FOR MON. MAY 26:

- SB
- BB Practice in GB Time: TBD
- Golf Leave for Bemidji
- Track OFF

ACTIVITIES FOR TUE. MAY 27:

- SB @ Fosston vs East Polk @ 4pm Bus Leave Time: B 12:15 GB 12:30
- BB Bus Leave Time:
- Golf @ Bemidji

ACTIVITIES FOR WED. MAY 28:

- SB
- BB
- Golf @ Bemidji